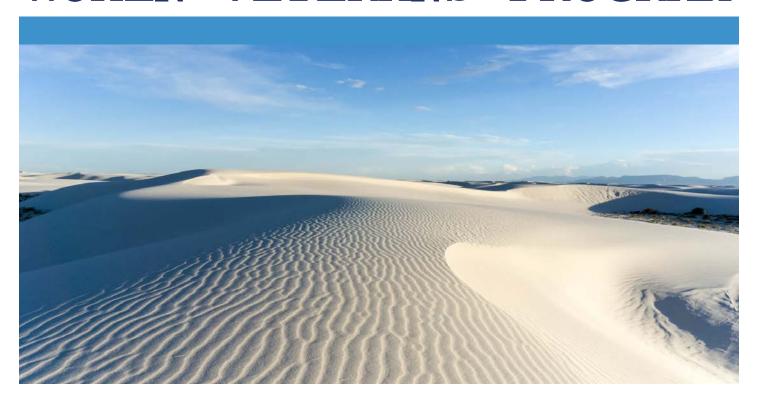
WOMEN VETERANS PROGRAM



Welcome to the Women Veterans Program!

This has been an exciting month, as I started working my way across the state speaking with women veterans. On my initial pass, I will be holding office hours at each of our state Veteran Service Officer locations. My intent is to meet with women veterans and discuss whatever is on your mind. We can talk about state and federal benefits. community concerns, veteran nonprofit organizations, and access issues...truly any topic related to women veterans in New Mexico. Stop by and see me when I am in your area! Questions? Contact me at:

Amanda Somerville

AmandaL.somerville@state.nm.us
(505) 383-2431
5201 Eagle Rock NE, Suite 1-A
Albuquerque, NM 87113

Upcoming Outreach Events

Raton Women Veterans Outreach

4 September, 11:00 a.m. - 4:00 p.m. 200 North 3rd St, Raton

<u>Las Vegas Women Veterans</u> <u>Outreach</u>

6 September, 10:00 a.m. - 2:00 p.m. 917 Douglas Ave, Las Vegas

New Mexico State Fair

11 September

New Mexico State Fair Grounds

Clovis Women Veterans Outreach

13 September, 11:00 a.m. -4:00 p.m. 904 West 6th St, Clovis

Santa Fe Women Veterans Outreach

24 September, 12:00 - 5:00 p.m.301 W. De Vargas St, Santa Fe

Roswell Women Veterans Outreach

2 October, 1:00 - 5:00 p.m. 1600 SE Main St, Suite A, Roswell

Hobbs Women Veterans Outreach

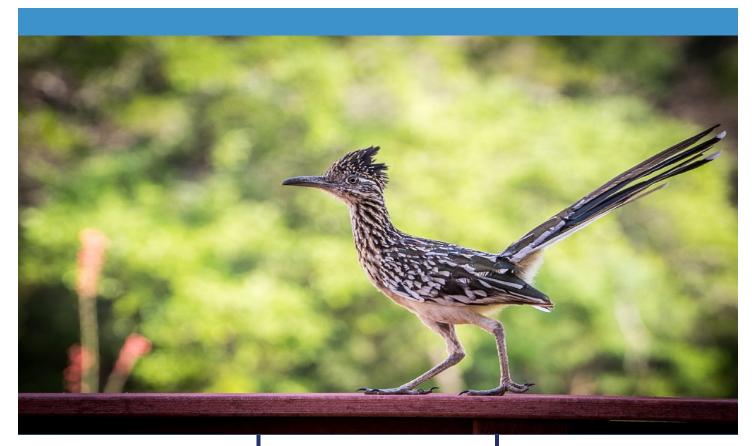
3 October, 1:00 - 5:00 p.m.2120 North Alto St, Hobbs

Carlsbad Women Veterans Outreach

4 October, 1:00 - 5:00 p.m. 101 N Halagueno Rm 204, Carlsbad

Gallup Women Veterans Outreach

9 October, 8:00 a.m. - 12:00 p.m.908 Buena Vista Ave, Gallup



Adaptive Sports Program NM

Adaptive Sports New Mexico provides a variety of recreational activities to those with cognitive and physical impairments. Skiing, sailing, rock climbing, and rafting are just a few of the opportunities. Veteranspecific events are held throughout the year.

For more information, go to https://adaptivesportsprogram.org/ or call (505) 570-5710

Troops to Teachers

The New Mexico Public Education
Department recently won a Troops to
Teachers grant. This military career
transition program provides
guidance and financial assistance to
those looking to move to a
classroom teaching position.

For more information contact Dr.

Becky Kappus at

Becky.Kappus@state.nm.us or (505)

827-1444.

Veterans Integration Center Stand Down

The New Mexico Veterans
Integration Center will be holding a
Stand Down for homeless veterans
on October 25th (veterans only) and
26th (veterans and non-veterans) at
The Rock at Noonday in
Albuquerque.

Learn more at http://nmvic.org/standdown.html or call (505) 265-0512

Ruidoso Veteran's Health Fair

There will be a Veteran's Health Fair on October 6th from 10:00 a.m. to 2:00 p.m. at 1231 Mechem Dr in Ruidoso. Learn about local services, talk to medical experts, and get your annual flu shot.

For more details call JoAnn Wolfe at (575) 808-2834 or Jacqui Lawrence at (505) 409-3562

Women Veterans Luncheon

Disabled American Veterans
Chapter 6 will be holding a Women's
Luncheon on September 15th from
11:00 a.m. to 2:00 p.m. at the ENMU
Campus Union Building in Portales.
This event is open to both active
duty and women veterans.

For more details, contact Monica at monica.n.banuelos@gmail.com

Focus Forward Fellowship

This fellowship from the Military
Family Research Institute at Purdue
University helps build skills,
leadership and community among
women student veterans and
military-connected women students.

Contact Runco at lrunco@purdue.edu or (765) 496-6045 or check out the program online at

https://www.mfri.purdue.edu/educati on-employment/fwdfellows/



Valor Run Storytelling Project

Valor Run

(http://www.valorrun.org/) is starting a storytelling project, aiming to highlight and amplify the voices of women veterans from all branches and generations. They are seeking stories that cover the breadth of the veterans' experiences, from combat to transition to family life to leadership experiences and lessons. These stories may be written by the veteran, written by representatives from Valor Run, or recorded interviews.

Interested in telling your story?
Sign up here:

https://docs.google.com/forms/d/e/1 FAIpQLSe85tk1Zs37-EYPU9U6kw2S8R8gRLGYI2rGO8y Bqk5emxd8VQ/viewform

Suicide Prevention and the Department of Veterans Affairs

Suicide prevention is the VA's #1 clinical priority. In June, the VA released the 2018 VA National Suicide Data Report. After adjusting for differences in age, the rate of suicide in 2015 was 2.0 times higher among female veterans compared with nonveteran adult women. Veterans' deaths by suicide are also more likely to involve the use of a firearm. Across the board, suicide rates increased faster for veterans who do not access the Veterans Health Administration than for those who do access VHA.

Learn more here:

https://www.mentalhealth.va.gov/ suicide prevention/Suicide-Prevention-Data.asp

Women's Clinics at VA Medical Centers

The Women's Comprehensive Care Clinic at the Raymond G. Murphy VAMC provides genderspecific care to New Mexico's women veterans. These services include (but are not limited to):

- Comprehensive Primary Care
- Gynecological Care
- Maternity Care
- Geriatric Care
- Infertility Eval & Treatment
- Menopause Eval & Treatment
- Counseling and Treatment for Military Sexual Trauma (MST) & Intimate Partner Violence (IPV)
- Vocational Rehabilitation
- Services for Homeless Vets

The clinic also hosts the Women Veterans Healthcare Program Manager, who can be reached at (800) 465-8262 x2679.